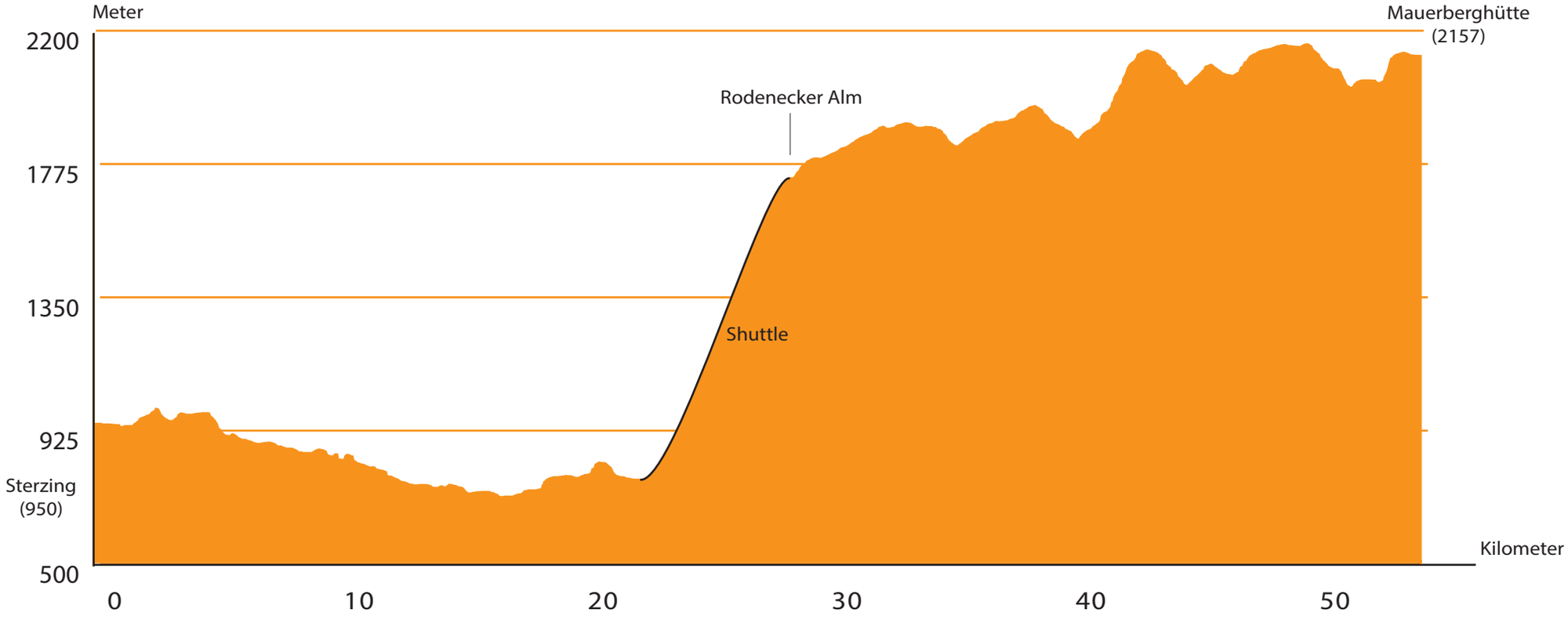Etappe 1 - Von Sterzing zur Maurerberghütte: ca. 55 km; ca. 1.400 hm